



CONVERSATIONS

session page

Life Incarnate

Mark 5:21-43 | Session 16.26

Before the Session

Facilitator: In advance of the session

- Review today's scripture text and the session activities to help better facilitate the discussion.
- Have the Bible Background Video ready to view.
- Encourage your group to listen to the Faithelement podcast ahead of the next session (Share the link via email or social media).

Context

Remind the group of Crystal's introduction, focusing on the idea of feeling present in stories about other people, by sharing this quote from her introduction:

"There is a heaviness in the air from the collective longings of the people gathered, some wanting help and some wanting spectacle, but all wanting something. And then, a spark flies as a single finger touches the rough hem of Jesus robe. It is not static electricity, but the life giving spirit power that discharges from Jesus body and dries up the discharge of the woman. Desperate, and in pain, and fully believing that the touch she just felt could make her well. And it did. She was so present to her pain and in her body that Mark says she quote felt in her body She was healed of her disease Jesus felt it too. He was so God and yet so fully present in his human form that he knew that power left him, and he wanted to know who so boldly took it."

Then ask the group:

- What is a moment in your life where you felt truly alive?
- How often do you think back to when that happened and why?
- What made that moment feel so special, and how have other moments approximated that feel?
- What do you think when you hear someone say they are "living in the moment?"
- When might you not want to be in the moment you are living?
- What do you miss if you aren't living in the moment you are in?

Content

Read [Mark 4:35-41](#) and watch the Bible Background Video before asking questions like these:

- Knowing that it contains a story within a story, what essential messages do you hear in this passage?
- In what ways are the various characters intertwined in this story?
- What do you think is going through the woman with the bleeding disease's mind during this episode?
- How do you read Jesus reaction to her touching him, and what does it teach us about Jesus?
- What do you think is running through Jairus' mind as he watches this scene unfold?
- As the passage closes, what would "living in the moment" look like for the woman and Jairus' family?

Closure

Share this scene from [Dead Poets Society](#) and continue by asking:

- What most makes this classic scene stand out and why?
- If you were to be called to a display that recalled a history to which you are an inheritor, what might you see in it?
- What sorts of plans do you have for your life do you feel someone else might interrupt at some point?
- How do you feel about the saying that "life is what occurs when you've made other plans?"
- In what ways is your congregation driven by a need to "seize the day?"
- What sorts of "big plans" does your congregation currently have, and at what points might God call you to set them aside for the needs of the moment?
- For whom do you think your congregation might need to take a moment to address right now and why?

Pray that our faith can help us have the awareness to seize the day.