



From Solo to Symphony

1 Corinthians 6:12-20 | Session 16.02

Before the Session

Facilitator: In advance of the session

- Have the Bible Background Video ready to view.
- Review today's scripture text and the session activities to help better facilitate the discussion.
- Thoroughly review all the referenced resources for this session in advance.

Intro

Say, in the movie, *Courageous*, four police officers struggle with their faith and their roles as fathers. When tragedy strikes Adam's family, he makes a vow to be a better father and convinces his friends to do the same. They face challenges both personally and professionally as they strive to live up to their commitment.

Play the [Courageous video](#) and ask:

- What are your thoughts about the scene that you just watched?
- When you are judged, why does the good not outweigh the bad?
- While this scene concludes with one person sharing the Gospel with another, what do you think the man with a child needs to do to make things right?

Context

If you have a gathered group, blow up a bunch (at least twenty) of balloons for your group, writing on one half of the balloons some things that might help someone grow closer to God. On the other half of the balloons, write things that might pull someone away from following God. Form two teams with a line in the middle, then scatter all the balloons, both the good and bad, in the room and tell the group that the goal is to keep the good balloons on their side and to throw the bad balloons to the other side of the line. Start the game, counting down from two minutes, then stop and count the number of “good” balloons vs. “bad” balloons for each side. Declare a winner. Ask:

- How did you decide which balloons were bad and which ones were good?
- Which of the balloons were confusing and why?
- What are some of the items that I should have put on these balloons and why?
- In what ways would some of the items on the balloons be good or bad depending on where they were applied?
- What does the world say is good that the church might frown upon?
- How do you determine what to do when your faith and the world collide?

Content

Read 1 Corinthians 6:12-20, and watch the Bible Background Video before asking:

- What does the first verse mean?
- What may be permissible for a Christian, but not beneficial?
- People in Paul's day thought their sexuality had nothing to do with their spirituality. How do you feel about that and why?
- How is that message communicated in our world today?
- What do you think Paul means when he says, "You were bought with a price; therefore glorify God in your body"?
- What does the church get right and wrong when it talks about how people use their bodies and why?

Closure

Form two teams, based on the gender of the participants, and tell the group: *We're going to spend a little time talking about how we understand ourselves in light of the things we've been discussing. For the next few minutes, I'd like you to discuss in your group the answers to some questions. Be as honest as you are comfortable being, but please do not participate if you don't think you can keep anything you hear said in confidence. This is supposed to be a "safe" conversation. After a few minutes, we're going to reform as a whole group and share some of what we learn from this experience.*

Give each group a copy of a handout with the following questions written on it:

- What do you think that members of the opposite sex most want from you and why?
- What would you most or least like people of the opposite sex to know about you and why?
- What kinds of pressures do people you know face to be sexually active?
- What advice would you give to someone struggling with such things?
- If someone was to ask you how your relationship with God affects the way you see yourself, what would you say?

Closure (cont'd)

Encourage teams to pay attention to their own discussion and not to the other team. After a few minutes, or when both teams appear to have finished their discussion, regather everyone into one group and ask:

- Without giving any specifics, what did you learn from sharing your answers to these questions?
- What is the best way that you can honor God through the way you treat people physically?
- How could you show grace to those who have given in to doing things that don't honor God?
- If you wanted to help someone value themselves as much as God does, what might you tell them?

Close this session in prayer.

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