



MIND
session page

From Solo to Symphony

1 Corinthians 6:12-20 | Session 16.02

Before the Session

Facilitator: In advance of the session

- Review today's scripture text and the session activities to help better facilitate the discussion.
- Have the Bible Background Video ready to view.
- Encourage your group to listen to the Faithelement podcast ahead of the next session (Share the link via email or social media).

Context

Begin by asking:

- If you could change any one aspect of your body, what would it be and why?
- If you could change an aspect of someone else's body, what would you choose and why?
- What do you think the answers to those questions might be if asked outside of this group and why?
- Why do you think people place such value on certain physical attributes as opposed to others?
- In what ways does our attitude toward the physical self reflect our faith?

Content

Read 1 Corinthians 6:12-20, and watch the Bible Background Video before asking:

- Who do you think Paul is quoting in the first verse and why?
- Why would someone with enough influence in the Christian community to be quoted by Paul say something like, "Food is meant for the stomach and the stomach for food"?
- In what ways might someone apply such statements to the prostitution that was both widespread and legal in the first century, and given that it was a social norm, why did Paul have a problem with it?
- What do you think of the assertion that, "We struggle to be honest about the ways depression or an illness is affecting our bodies, but we are all too eager to chastise someone who doesn't live up to our moral standard in the bedroom."?
- What do you think Paul has in mind for people to do when he tells them to "glorify God in your body"?

Closure

Continue by asking:

- What is the difference between "morality" and "right living"?
- What kinds of things might people hold to be right or wrong, even though our legal system might not support them, and why do we hold to such things?
- In what ways might someone's failure to properly honor God through their body affect their faith, or the faith of their community?
- What is the community's role in helping people better honor God through the way they treat their or others' bodies?
- What can we do to offer grace and redemption to people who might have failed the theological ideal of "honoring the body"?

Close with prayer.

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