

March 1, 2020: Lent 1A

Color: Purple
Scriptures: [Scripture linked to NRSV at Oremus Bible Browser]
[Genesis 2:15-17; 3:1-7](#) (*Disobeying God to eat forbidden fruit resulted in the loss of innocence*)
[Psalm 32](#) (*Mercy embraces those who confess and trust in the Lord*)
[Romans 5:12-19](#) (*As sin and death came through Adam, grace and life come through Jesus Christ*)
[Matthew 4:1-11](#) (*The temptation of Jesus in the wilderness for forty days*)

Themes: God's Covenant, Temptation, Sinfulness, Grace, Forgiveness

FOCAL Faithelement PASSAGE: Genesis 2:15-17; 3:1-7
(Podcast will be ready 2 weeks before date of use)

HYMN SUGGESTIONS

Hymn Suggestions link to Hymnary.org, a searchable resource with a wealth of information. The tunes listed here are the ones most commonly associated with the texts, and the biblical/thematic references suggest the hymn's association with the morning's scriptures or themes.

[Alas! and Did My Savior Bleed](#) (*MARTYRDOM, a.k.a. AVON*)..... Romans
[Amazing Grace](#) (*NEW BRITAIN, a.k.a. AMAZING GRACE*)..... Psalm, Romans
[God Who Stretched the Spangled Heavens](#) (*HOLY MANNA*)..... Genesis
[Guide My Feet](#) (*GUIDE MY FEET*)..... Lent
[Happy Are Those Who Are Forgiven \(Psalm 32\)](#) (*BROTHER JAMES' AIR*)..... Psalms
[It is Well with My Soul](#) (*VILLE DU HAVRE*)..... Romans, Matthew
[Jesus Walked This Lonesome Valley](#) (*LONESOME VALLEY*)..... Romans, Matthew
[Jesus, Lover of My Soul](#) (*ABERYSTWYTH*)..... Genesis, Matthew
[Lord, Who Throughout These Forty Days](#) (*FLAVIAN; LAND OF REST*)..... Lent, Matthew
[O Jesus, I Have Promised](#) (*ANGEL'S STORY; NYLAND*)..... Gospel
[O Love, How Deep](#) (*DEO GRACIAS*)..... Romans, Matthew
[O Worship the King](#) (*LYONS; HANOVER*)..... Genesis
[Remember When We Fell \(Psalm 32\)](#) (*REMEMBER*)..... Psalms
[When I Survey the Wondrous Cross](#) (*HAMBURG; ROCKINGHAM OLD*)..... Romans
[When We Are Tested](#) (*SLANE*)..... Matthew

Before/During Prayer

[Goodness Is Stronger Than Evil](#), John L. Bell, from *TWO SONGS OF SOCIAL JUSTICE* © 1996, Iona Community, GIA Publications, Inc., agent

[Psalm 32 \(v. 1-7\)](#), Hal Hopson, quoting *SCARBOROUGH FAIR - Hal Hopson*, The People's Psalter, © 2008, MorningStar Music, MSM-80-786 (*This and other psalms from this collection are available for downloading individually at morningstarmusic.com*)

ANTHEMS

E = Easy, M = Moderate, MD = Moderately Difficult

A Lenten Prayer - E Lent, Matthew
NEW BRITAIN and *LONESOME VALLEY*/Hal H. Hopson, arr.
© 2013, MorningStar Music, MSM-50-3225
SATB, opt. Soloist, Handbells (4), Piano

Abide With Me - M Lent, Matthew
EVENTIDE/Brian L. Hanson, arr.
© 2015, Choristers Guild, CGA 1449
SATB, Piano

Hide Not Thou Thy Face - M Psalm
Richard Farrant/Walter Collins, ed.
© 1981 Hinshaw Music Press, HMC 492
Public Domain, CPDL #40126
SATB, a cappella

I Want Jesus to Walk With Me - M Lent, Matthew
Traditional Spiritual/Raymond Haan, arr.
© 1987, MorningStar Music, MSM-50-9002
SATB, Piano

Kyrie - E.....Lent
Antonin Dvořák/Jay Rouse, arr.
© 2014, Lorenz Corporation, 10/4500L
SATB, Piano, opt. English Horn (C Instrument)

O For a Closer Walk With God - M.....Lent
C.V. Stanford/John Rutter, ed.
© 1994, Collegium Music, CCS203
SATB, Organ

Since By Man Came Death - MDRomans
(from *Messiah*) G.F. Handel
Public Domain, CPDL #06342
SATB, Keyboard

There Is a Green Hill Far Away - E.....Romans
Traditional English Folktune/Bradley Ellingboe, arr.
© 1997, Kjos Music, Ed. 5765
2-Part Mixed, Piano

We Are Redeemed - MRomans
Lee Dengler, (quoting *Amazing Grace*, *NEW BRITAIN*)
© 1998, Shawnee Press, A-7280
SATB, Keyboard

-- youth and children --

Kyrie - E.....Lent
Michael John Trotta
© 2018, BriLee, BL841
SA(T)B, opt. Flute, Piano (also available in 2-Part)

Jesus to the Wilderness - E Matthew
Michael Bedford (from *Singing the Seasons*, p. 11)
© 2000, Choristers Guild, CGA-854
Unison, Piano, opt. 4 (or 5) Handbells

ADDITIONAL MATERIAL (Prayers, Poems, Quotes & Liturgies)

*Yield not to temptation, for yielding is sin;
Each vict'ry will help you, some other to win;
Fight valiantly onward, evil passions subdue;
Look ever to Jesus, He will carry you through.
Ask the Savior to help you,
comfort, strengthen and keep you;
He is willing to aid you,
He will carry you through.*

—HORATIO RICHMOND PALMER, first appearing in
"NATIONAL SUNDAY SCHOOL TEACHERS' MAGAZINE," 1868

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Let us strive to enter the narrow gate. Just as the trees, if they have not stood before the winter's storms cannot bear fruit, so it is with us; this present age is a storm and it is only through many trials and temptations that we can obtain an inheritance in the kingdom of heaven.

—Desert Mother, AMMA THEODORA, 4th C.?

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CALL TO WORSHIP *(from Psalm 32)*

Leader: Lord, you are my hiding place;

People: When I kept silent, my bones wasted away.

Leader: You will protect me from trouble;

People: I hid my sins from you and all my strength was gone.

Leader: But when I confess my transgressions to you,

People: You forgive the guilt of my sin;

Leader: You surround me with songs of deliverance.

People: My sins are covered and the Lord does not count them against me.

Leader: Blessed is the one whose spirit has no deceit!

People: Lord, you are my hiding place;

**All: Rejoice in the Lord and be glad, you righteous;
sing, all you who are upright in heart!**

-- MARTHA DIXON KEARSE

GATHERING PRAYER

Lord, we have all seen the apple. We all know what it feels like to be offered the very thing we know we should not have. From the world of constant temptation, from the world that would tear us away from you, give us sanctuary in this moment. Turn our hearts to you as we enter this holy time together. Amen.

-- MDK

ON SIN

Sin is easier to write about than grace, I suppose, because the territory is so familiar.

-- FREDERICK BUECHNER

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CONFESSION

Lord Jesus:
When you faced temptation,
you refused to turn stones into bread.

**When we face it,
we too often turn bread into stones.**

When you faced temptation,
you refused to use power for its own sake.

**When we face it,
we too often assume power
that belongs to someone else.**

When you faced temptation,
you refused to test the promises of God.

**When we face it,
we too often want God to do
what we should do ourselves.**

Strengthen our trust in your promises,
and give courage to follow through with our promises.

**Give us a humility to understand that without you,
we are nothing.**

Open our eyes to the daily bread of your Word,
and to the ways we limit others from receiving it.

Amen.

WORDS OF ASSURANCE

Beloved: trust in the nature of God's steadfast
love to forgive and raise you up.

The Lord will lift your burdens. Sing and be glad,
for blessed are those whose sin is forgiven.

--after Psalm 32

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PRAYER FOR ILLUMINATION

As we approach these words of wisdom which uncover our nakedness, which reveal our unlovely thoughts and deeds, give us strength to face ourselves, dear Lord. Help us not to be defensive, hiding our faults even from ourselves, but to be confident in the sure knowledge that by submitting our sins to you, we can be free of them. Help us to see ourselves as you see us, clean of bruises and free of disease, able to fulfill the tasks that you would have us do. Help us to believe in the abundant life you offer, through Jesus Christ, our Lord. Amen.

-- MDK

BENEDICTION

My the good and gracious God deliver you from all that is evil, strengthen and sustain you in all goodness, and go with you as you leave this place. Amen.

*Thanks to Rev. Dr. Martha Dixon Kearse
Pastor, [Peakland Baptist Church](#), Lynchburg, Virginia
for her contributions to this week's prayers.