



# Holy Terror

## Psalm 90 | Session 10.41

### Before the Session

Facilitator: In advance of the session

- Review today's scripture text and the session activities to help better facilitate the discussion.
- Provide some string and a ring of some sort for every two members of the group, and have something to use as a countdown timer. (See Context)
- Have the Bible Background Video ready to view.
- Listen to the FaithElement podcast for this session.

### Intro

Play the Observable Universe clip and ask:

- How did this video make you feel about yourself and about humanity in general?
- After watching this video, how would you feel about someone who was boasting about their importance?
- Why is it important to keep proper perspective about how small we truly are?

## Context

Play a game of Death Wink by having everyone sit in a circle. Secretly designate one person to be the one who winks by having everyone close their eyes and tapping the person who is to wink, or distributing cards designating who will be the winker. Without talking, everyone in the circle should look at the others in the circle. When they are ready, the winker will wink at someone, who should then proceed to have a very dramatic death, and continue doing this until everyone in the circle has died to win the game. If a someone thinks they know who the winker is, they can raise their hand but must not say a word. When two or more people have raised their hands, they can point at the same time to the person they suspect on the count of three. If they point to different people, both of them are eliminated from the game. If they both point to the same person, all three of them are dead. When the winker is eliminated from the game, the whole group wins. Play several rounds as time allows, then ask:

- How did you know who the winker was?
- Why did you get it wrong at times?
- How were you able to track what was going on?
- When do you get so distracted that you miss out on what God is doing?
- How can we get a proper perspective of the power of God in our lives?

## Content

Read Psalms 90, and watch the Bible Background Video before asking:

- How would you describe the state of mind of the author of this Psalm?
- What does the author say about the comparisons between us and God?
- Why should we have a healthy fear of God according to the author?
- In what ways do we experience the wrath of God today?
- Why would God have wrath towards us if God loves us?

## Closure

Play the Charlotte's Web clip and ask:

- What is it like to be present when someone you care about is at the end of their life?
- Why do you think most teenagers never think about their own mortality?
- At what points does it hit home with you that your days are indeed numbered?
- Knowing you can't live forever, what do you think your priorities should be while on this earth?
- Why do we waste so much time on unimportant things?
- How do we help other people focus on the things that most matter?

Close this session in prayer.

**Writer: Don Breeden**