



CURRENT

session page

Holy Terror

Psalm 90 | Session 10.41

Before the Session

Facilitator: In advance of the session

- Review today's scripture text and the session activities to help better facilitate the discussion.
- Have the Bible Background Video ready to view.
- Thoroughly review all the referenced resources for this session in advance.
- Encourage your group to listen to the Faithelement podcast ahead of the next session (Share the link via email or social media)

Context

Share [this article about The Pope](#) and ask:

- Given that this Pope seems to be such a controversial individual, speaking in such troubled times, how do you interpret his remarks and why?
- What are some ways the Gospel has soothed your wounds or the wounds of someone you know?

- Remembering that the Pope said that "God speaks with the language of love, of care, of selfless service to those who are in need. And then hearts open up and miracles happen. In deserts, new life blooms.", where have you seen this either in your life, in the lives of others, or even in the world?
- What do you think the scriptures say about our place in the larger universe and why?

Content

Read Psalm 90, and watch the Bible Background Video before asking:

- Knowing that this passage has two parts how powerful God is and how we cannot hide, versus how much God loves us If you just read the first part, what kind of feelings are you left with and why?
- How do we cope with the life we have created for ourselves?
- What about God in the second part gives us hope?
- How does this passage possibly speak to despair, and what does this tell us about the person who wrote it?

Closure

Listen to "Survivor" by Zach Williams and remind the group that life can leave us battered and beaten...sometimes we make choices that do not help our situations. Ask:

- What are some of the poorest choices we've made (at least that we can talk about)?
- What sorts of times tend to hurt us most and why?
- For which stories of hard times faced by others do our hearts most go out, and why?

- What hope do we have to come out of such times when we are in them?
- What message we can share with others who face hard times, and how does awareness of our place in the universe, in light of God's, color such a message?

Close with a prayer.

Writers: Crystal Shepherd and Steve McClain