



Be an Ezer Kenegdo

Genesis 2:18-24 | Session 10.40

Before the Session

Facilitator: In advance of the session

- Review today's scripture text and the session activities to help better facilitate the discussion.
- Provide some string and a ring of some sort for every two members of the group, and have something to use as a countdown timer. (See Context)
- Have the Bible Background Video ready to view.
- Listen to the FaithElement podcast for this session.

Intro

Play this [Coach Carter clip](#) and ask:

- What did you think of what these guys did for their teammate?
- What does it mean that they either failed or found success as a team?
- What would happen to a team if someone thought they were better than everyone else and why?

Context

Have everyone sit in a circle, and pick one person to start the game by saying "and then God made..." followed by anything they wish. The next person in the circle must then say the same thing, including what the previous person said. During each person's turn, they must say what everyone else has said, plus add their new word to the list. If someone can not remember or makes a mistake, they are eliminated from the game. Continue until only one person remains, then ask:

- Why was it so hard to remember all of the things said before you?
- Back in the book of Genesis, why did God call all of Creation "good?"
- What do you think God called "very good" and why?
- What is so special about people compared to the rest of God's creations?
- Why do some people draw worth distinctions between men and women?

Content

Read [Genesis 2:18-24](#), and watch the Bible Background Video before asking:

- Why did Adam need a helpmate?
- Why was it not good for Adam to be there with God alone?
- In light of this, how would you respond to someone who claimed they did not need other people, just themselves and God?
- Why do you think the story shows God putting Adam in charge of all the animals?
- What do you think of Adam's response when he met Eve in this story?
- In what ways was the bond between mates even stronger than the bond one has with parents?

Closure

Play the Phonut video and ask:

- What would you have done if you saw someone leave their phone?
- What reward did this guy get for helping someone else?
- Why would this video have been just as effective if he would have gotten no reward at all?
- At what points are we willing to help people if it means we get to gain something as well?
- Why are we less sometimes likely to help someone if we don't get a reward?
- What kinds of things happen in your life that give you the impression that we were created to help each other?
- What kinds of things can you do on a regular basis that would make you a better helper for everyone around you?

Close this session in prayer.

Writer: Don Breeden