



MYSTIC
session page

Stubborn Hope

Isaiah 50:4-9 | Session 10.37

Before the Session

- Review today's scripture text and the session activities to help better facilitate the discussion.
- Have the Bible Background Video ready to view.
- Preparation and materials: Gather assorted items (Air freshener, detergent, Bread, Candle, Salt, Blanket, Water, Dessert of some sort, Ruler, Hammer, Musical Instrument, Etc.) and place them in a central location.
- Encourage your group to listen to the FaithElement podcast ahead of the next session (Share the link via email or social media)

Context

Read Isaiah 50:4-9, and watch the Bible Background Video.

*This is a brief *Lectio* experience.*

Reflection

Invite the group to watch "Waitress berates Hispanic couple for speaking Spanish | What Would You Do? | WWYD" and ask:

- What most stands out to you about this video and why?
- What would you have actually done in this situation?
- When have you encountered other situations like this, and what was it like for you?

Continue by inviting group members to share any experiences they have had where the opportunity arose to stand up for someone who was suffering in some way – whether they did or not. Encourage them to be as honest as possible about those situations or others they may have witnessed, then return to the text and invite the group to listen as it is read slowly twice again, listening for words or phrases that help us to stand up for those who are suffering.

Invite volunteers to close their eyes and speak those words and phrases that stood out to them (it is okay if there is repetition), letting this be a time when perhaps God's spirit enlivens these words and phrases in our souls.

Close with prayer.

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