



Be an Ezer Kenegdo

Genesis 2:18-24 | Session 10.40

Before the Session

Facilitator: In advance of the session

- Have the Bible Background Video ready to view.
- Review today's scripture text and the session activities to help better facilitate the discussion.
- Encourage your group to listen to the Faithelement podcast ahead of the next session (Share the link via email or social media).

Context (From the Media Session Page)

Start by asking:

- When you hear someone use the word 'helper', what do you think of first?
- Why do you think males have the most car accidents?
- If we were able to place "helpers" in cars to help people cut down on traffic incidents, what do you think they'd be like?

Play the Helper in the Car video and ask:

- Who is your "helper in the car" sometimes and how do they make you feel while driving?
- When it comes to dealing with the 'helper' in the car, what do you think Jesus would do?

Content (From the Mind Session Page)

Read Genesis 2:18-24, and watch the Bible Background Video before asking:

- Since in this story, we hear God say several times that it is "good," what was God saying about what had been made?
- Using that understanding, why is it "not good" for the man to be alone?
- If you read verse 18 in different translations. as Nikki suggests, what connotations does the word "helper" have that most speak to you and why?
- Why might our English word, "helper" be insufficient to express what the writers meant here?
- What role did the animals fill and why weren't they what the man needed?
- Why do you think the storytellers portrayed God as choosing to make the woman from the man's rib or side?
- How is marriage reflected in the creation of man and woman, according to the writers?
- In what places could someone use this passage to justify women's inferiority or submission and how could these same places be read in a different way?

Closure (From the Youth Session Page)

Play the Phonut video and ask:

- What would you have done if you saw someone leave their phone?
- What reward did this guy get for helping someone else?
- Why would this video have been just as effective if he would have gotten no reward at all?
- At what points are we willing to help people if it means we get to gain something as well?
- Why are we less sometimes likely to help someone if we don't get a reward?
- What kinds of things happen in your life that give you the impression that we were created to help each other?
- What kinds of things can you do on a regular basis that would make you a better helper for everyone around you?

Close this session in prayer.