



MIX
session page

With God on Our Side

Psalm 124 | Session 10.39

Before the Session

Facilitator: In advance of the session

- Have the Bible Background Video ready to view.
- Review today's scripture text and the session activities to help better facilitate the discussion.
- Encourage your group to listen to the Faithelement podcast ahead of the next session (Share the link via email or social media).

Context (From the Current Session Page)

Read this [story about Hurricane Florence](#) and ask:

- What are your thoughts on this gentleman and how does his story affect your own thoughts about whether someone should evacuate or stay in this situation?
- Since there are legitimate reasons for not being able to evacuate, how can we help those unable to leave?
- In what ways does your decision to evacuate indicate your trust or distrust in God?
- What can we learn about ourselves in situations like this?

Content (From the Mind Session Page)

Read Psalm 124, and watch the Bible Background Video before asking:

- What kind of events might have given rise to the creation of this kind of psalm?
- What images does this psalmist use to tell the story, and how do they "work" as illustrations?
- How do you think the psalmist knew God was on their side?
- At what points does our own narrative intersect with the narrative of this scripture?
- At what points might the hearers of this passage have felt that God was not with them and how might that psalm go?

Closure (From the Media Session Page)

Continue by asking

- How we know know the Lord is on our side when we have a parent in the hospital, a loss of a spouse, a serious life-threatening car accident, and or a small child in the ICU?

Play the Shoulders music video and ask:

- How can we know that that presence of Jesus is with us this week when we face difficulties?
- How can we learn when we are actually on Jesus' shoulders like in the music video?
- How do we continue to follow the Jesus after tragedy?
- What can we do to help others who face tragedy?