



MEDIA

session page

Be an Ezer Kenegdo

Genesis 2:18-24 | Session 10.40

Before the Session

- Have the Bible Background Video ready to view.
- Review today's scripture text and the session activities to help better facilitate the discussion.
- Encourage your group to listen to the Faithelement podcast ahead of the next session (Share the link via email or social media).

Context

Start by asking:

- When you hear someone use the word 'helper', what do you think of first?
- Why do you think males have the most car accidents?
- If we were able to place "helpers" in cars to help people cut down on traffic incidents, what do you think they'd be like?

Play the Helper in the Car video and ask:

- Who is your "helper in the car" sometimes and how do they make you feel while driving?
- When it comes to dealing with the 'helper' in the car, what do you think Jesus would do?

Content

Read Genesis 2:18-24, and watch the Bible Background Video before asking:

- Why is it not good to be alone?
- How would you define 'helper' after Nikki's video?
- Why do you think it is so important for otherwise intelligent Christian Caucasian males to stress 'helper' in such a very limited fashion?
- Why do you think the editors of Genesis presented all the animals as coming to Adam?
- Why do you think the poetic image of taking a rib from Adam to form Eve is important to the original hearers?
- How do you feel about Nikki's statement that "the greatest gift God gave us was one another," and why?

Closure

Play the [Circle video](<https://www.youtube.com/watch?v=9m9Ai6cU-IU>) and ask:

- Why do simple little jobs mean a lot to certain people feeling alone?
- What are some practical ways we could be 'helpers' to those who feel alone?
- How can we be more open to opportunities to do such things as they arise?
- In what ways do little acts of kindness change the world?

Close in prayer.

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