



MEDIA
session page

Bad News Antidote

Psalm 146 | Session 10.36

Before the Session

- Have the Bible Background Video ready to view.
- Review today's scripture text and the session activities to help better facilitate the discussion.
- Encourage your group to listen to the FaithElement podcast ahead of the next session (Share the link via email or social media).

Context

Show the [Ballad of Mark Stuart](#) (be aware: this video is very useful, but it is 9 minutes) and/or the [Hands and Feet video](#), then ask:

- What would it be like to be professional singer and lose the ability to sing?
- How much do you think he questioned God when he could no longer be leader of a band when he had done that most of his adult life?
- What would cause Mark Stuart to press on with caring for poor children in Haiti after playing shows to large crowds?
- In what ways do you think he finds fulfillment now as opposed to the time when he was a singer?

Content

Read [Psalm 146](#), then watch the Bible Background Video.

- Why do you think the psalmist calls on others and themselves to praise the Lord to start things?
- How challenging is seriously praising the Lord for us and why?
- In what ways does the writer insist that God is better than humans?
- How do you feel about the leaders you've grown to trust when you read this psalm,, and why?
- Why does the psalmist believe God is trustworthy?
- How do you feel about the psalmist's reasoning about dealing with bad things happening?

Closure

Continue by asking:

- What do you think this is the psalmist's answer to the question: "Why God?"
- How do you see the message of this scripture playing out in our times?

Play the [Kings and Queens music video](#) and ask:

- Where is God in that video?
- How do you find God in a place of poverty and potential depression?
- What does the psalm and this video tell your group about their place in a world full of pain and suffering?
- If the song or psalm is calling Christians to do or be something, what is that?

Close in prayer.

Writer: Jon Self