



CURRENT

session page

Be an Ezer Kenegdo

Genesis 2:18-24 | Session 10.40

Before the Session

Facilitator: In advance of the session

- Review today's scripture text and the session activities to help better facilitate the discussion.
- Have the Bible Background Video ready to view.
- Thoroughly review all the referenced resources for this session in advance.
- Encourage your group to listen to the Faithelement podcast ahead of the next session (Share the link via email or social media)

Context

Review the stories about the following individuals, as time allows:

- Mark Harris
- Anita Hill
- Brett Kavanaugh

Ask:

- In general, when women comes forward with a story of abuse, how hard or easy do you find to believe their stories and why?
- Assuming you can put political considerations aside for a moment, what does the way we treat women say about us as a society, or as Christians?
- What makes it hard for some to admit women are supposed to be "equal helpers" in our society?
- Off the top of your head, what scriptures and teachings shape the way you understand women and their role in the world?
- What events most shape our views on women in society and why?

Content

Read Genesis 2:18-24, and watch the Bible Background Video before asking:

- Practically speaking, what does it really mean to be the kind of helpmate described in this scripture?
- What makes it easy to read this scripture as a mandate for women to be submissive?
- In what ways do you think women are truly helpers to men?
- In what ways does it hurt the message of Christ when some use scriptures to disparage or control other groups of people?
- Given that this was one of the earlier passages of scriptures written, how might we interpret this passage in light of Christ's teachings?

Closure

Show the group this picture and invite them to meditate on it while listening to this song. While mediating, encourage them to consider the following:

- How do I truly treat women and other people who those in power like to keep in subordinate roles?

After the music ends, invite volunteers to share their thoughts about the song, picture, or their meditation, then close in a prayer that includes a request for help in truly looking at women as helpers in God's work.

Writers: Crystal Shepherd and Steve McClain