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session page

With God on Our Side

Psalm 124 | Session 10.39

Before the Session

Facilitator: In advance of the session

- Review today's scripture text and the session activities to help better facilitate the discussion.
- Have the Bible Background Video ready to view.
- Thoroughly review all the referenced resources for this session in advance.
- Encourage your group to listen to the Faithelement podcast ahead of the next session (Share the link via email or social media)

Context

Read this [story about Hurricane Florence](#) and ask:

- What are your thoughts on this gentleman and how does his story affect your own thoughts about whether someone should evacuate or stay in this situation?
- Since there are legitimate reasons for not being able to evacuate, how can we help those unable to leave?
- In what ways does your decision to evacuate indicate your trust or distrust in God?
- What can we learn about ourselves in situations like this?

Content

Read Psalm 124, and watch the Bible Background Video before asking:

- At what points in our lives do we need to see the reassurances of God being with us?
- What inspiration can we take from knowing God was there for the Israelites throughout their trials and tribulations?
- If we know God will be with us in all sorts of tribulations and trials, why are Christians so quick to hit the panic button and live in fear?
- What can we learn about how we should react to issues and situations that test us or push us to our limits?
- How do you think God reacts to when we don't have enough faith to trust that God will save us?

Closure

Listen to "Have a Little Faith in Me" and ask:

- At what points do you think humans show that they tend to trust themselves more than they should?
- Under what circumstances are you least likely to trust someone else, and why?
- What are the primary challenges to our faith and how does trust affect our ability to respond to those?
- How do you think our lives would be better if we let our faith be more proactive and trust it?
- How can we teach others to trust, especially after they have been hurt by someone else they trusted?

Pray for strength to trust in your faith.

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