



MYSTIC
session page

Woe To Us

Jeremiah 23:1-6 | Session 10.29

Before the Session

- Review today's scripture text and the session activities to help better facilitate the discussion.
- Have the Bible Background Video ready to view.
- Create a focal point in the room with a container that has rice or dried beans, and rocks in it. You might want to include a large candle as well.
- Encourage your group to listen to the Faithelement podcast ahead of the next session (Share the link via email or social media)

Context

Read [Jeremiah 23:1-6](#), and watch the Bible Background Video.

This is a reflective prayer, followed by a discussion of things that God might show us about ourselves.

Reflection

Invite the group to a time of prayer and begin by asking for God to grant the grace of an awareness of God's presence and work in the world, engaging in a few minutes of silence before continuing.

Encourage volunteers to share as many examples of humans working God's good in the world, in either large or small ways, as they can. Let this be a time of "looking for the helpers" – all those who are making the world a better place in different ways. Spend a good amount of time sharing, giving everyone a chance to reflect and "look for" examples in the world and in their own lives. When you run out of examples, ask:

- What are some times that you know of when people tried to do the right thing, but it turned out to be the wrong thing?
- When have you heard of someone claiming to be doing "good," only to discover that they were serving themselves?
- By what means might the good things we can do for God help repair the damage that so many others might do to our world?
- Take a moment to reflect on what is in your heart today. To what good act might God be calling you today and why?

Close the time with group prayer, inviting each person to share two things:

- "I am thankful for those who . . ."
- "Lord, help me/us to . . ."

After each person shares, invite the group to pray the refrain "Lord, hear our prayer."

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