



# MYSTIC

session page

## Walk the Line

**Amos 7:7-15 | Session 10.28**

### Before the Session

- Review today's scripture text and the session activities to help better facilitate the discussion.
- Have the Bible Background Video ready to view.
- Hang a plumb bob or other dense object in a central place where the group can see it. If you are using a replacement object, try to make it as plain as possible.
- *Optional: Prepare a fishing weight at the end of a short line (approximately twenty-four inches) for each person in the group (See Below).*
- Encourage your group to listen to the Faithelement podcast ahead of the next session (Share the link via email or social media).
- *This is a reflection on a physical metaphor, helping the group see added depth in an everyday object.*
- Find web links for underlined items on this session's webpage at [faithelement.net](http://faithelement.net).

### Context and Reflection

Begin by referring to the hanging plumb bob (or substituted) and asking:

- What is this object and for what it is typically used?
- How might you use one of these if you had it, or how might you alter it for another use?
- What do you think your use of such an object might say about your personality?

Encourage the group to sit in silence and think about this object while you read aloud [Amos 7:7-15](#) then share the Bible Background Video. Continue by encouraging the group to sit in silence for a few moments as they contemplate the object in the light of the message they just heard, then continue by encouraging the group to hold their focus on the object as they reflect, using the following prompts, with a few moments of pause between each:

- What or who are the "plumb lines" or measures by which you judge your own actions?"
- By what measure do you discern your feelings about the world in which you live and the things that take place in your society?
- What is or is not measuring up in either your life or the society around you?
- What corrective measures can you take, first for yourself, then for your community?
- Listen for God's voice in your heart. What are some words that might be too heavy to share with other people in your life?

After the group has a few moments to contemplate the last prompt, stop and ask:

- What did you learn from having taken part in this reflection?
- As you think about God's measure for the world, what are some things that God might be calling you to do?
- How might we help people better sense and adhere to a sense of having standards?

(Optional: Give each person a small fishing weight at the end of a piece of line and encourage them to hang them in their homes as a reminder of the plumb line that they have developed through their relationship with God.)

Close with group prayer.