



MIX
session page

Not Your Mama's Bread

John 6:35-51 | Session 10.32

Before the Session

Facilitator: In advance of the session

- Have the Bible Background Video ready to view.
- Review today's scripture text and the session activities to help better facilitate the discussion.
- Encourage your group to listen to the Faithelement podcast ahead of the next session (Share the link via email or social media).

Context (From the Current Session Page)

Show the group "Baking Bread - Some Common Mistakes" and ask:

- - What kitchen mistake do you best remember and why?
- - What is it about homemade bread that people love so much?
- - What are the some of the smells of your grandmother's or mother's kitchen that brings up good memories?
- - Why is it easy to cling to the past as pleasant, good memories and what's wrong with that?

Content (From the Mind Session Page)

Read [John 6:35-51](#), and watch the Bible Background Video before asking:

- - Looking at this entire chapter to this point (you may want to review the previous two weeks), how do the people begin to view Jesus differently?
- - In light of the people's expectations, what is Jesus trying to do in this passage?
- - In what ways have the people "seen but not believed"?
- - What has Jesus said that should have upset his audience and why?
- - How are the people in this passage unable to see the current truth because of their old beliefs?
- - In what ways does Jesus change the discussion about bread over the course of this discussion?
- - To what greater truth did the miracles (manna in the desert, feeding of 5,000 people, etc.) point?

Closure (From the Media Session Page)

Continue by asking:

- - Changing subjects, why are alligators so often an aggressive predator?

Play the [Mama Says movie clip](#) and ask:

- - How did Bobby feel about hearing people say things different than mama taught?
- - How do you feel when people challenge your childhood beliefs and why?
- - How can we know when God is challenging our embedded beliefs or when we are simply questioning our faith?

- - What can we do to help people drop their personal expectations of what they want from Jesus and instead accept Jesus as he is?

Close in prayer.