



MEDIA
session page

Not Your Mama's Bread

John 6:35-51 | Session 10.32

Before the Session

- Have the Bible Background Video ready to view.
- Review today's scripture text and the session activities to help better facilitate the discussion.
- Encourage your group to listen to the Faithelement podcast ahead of the next session (Share the link via email or social media).

Context

Play the [Slap Your Mama video](#) and ask:

- - What is the meaning of this old southern phrase that has been revived in recent years?
- - When you think of restaurant chains that market themselves as southern US cuisine, what restaurant(s) do you think about?
- - What in life makes you wish you could change what your parents taught you about food?
- - What do you wish your parents had not taught you about faith in God?

Content

Read John 6:35-51, then watch the Bible Background Video, then ask,

- - How do we know that Jesus could easily see the crowd's confusion?
- - Why are some of the leaders so upset over this "bread" talk?
- - What is Jesus' response to some of them grumbling about his words?
- - Why is mentioning their complaining so important to this passage?
- - Why would Jesus' talk sound scandalous, both at the time and now?
- - What did you think of Nikki's example of her professor talking about "mama and them theology" and why?

Closure

Continue by asking:

- - Changing subjects, why are alligators so often an aggressive predator?

Play the Mama Says movie clip and ask:

- - How did Bobby feel about hearing people say things different than mama taught?
- - How do you feel when people challenge your childhood beliefs and why?
- - How can we know when God is challenging our embedded beliefs or when we are simply questioning our faith?
- - What can we do to help people drop their personal expectations of what they want from Jesus and instead accept Jesus as he is?

Close in prayer.

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