



MYSTIC
session page

Invitation to Become

Exodus 3:1-15 | Session 8.48

Before the Session

- Review today's scripture text and the session activities to help better facilitate the discussion.
- Have the Bible Background Video ready to view.
- Encourage your group to listen to the Faithelement podcast ahead of the next session (Share the link via email or social media)
- Materials needed: paper, pens, markers, poster paper.
- Find web links for underlined items on this session's webpage at faithelement.net.

Context

Read aloud [Exodus 3:1-15](#) then share the Bible Background Video

In today's session, the group will share in their experience of the "burning bush" narrative and how it reflects their personal narrative.

Reflection

Distribute paper and pens and tell the group to imagine that this is the ONLY story that they have ever heard about God and invite them to jot write what they learn of God in this text. After a few minutes, or when most of the participants, have completed their work, invite everyone to share what they feel they learned, writing their results on a poster.

Invite everyone to choose one statement about God that catches their attention and comes to the forefront of their thoughts and feelings and use the following prompts with a couple of minutes pause between each , except as indicated:

- What is the one statement about God that most catches your attention?
- Repeat that statement silently in your mind several times.
- Note how the statement makes you feel and what thoughts it spurs.
- What connection does that statement have to your life right now?
- What thoughts and feelings do you want to share with God?
- Listen for God's response, if any.
- Continue your conversation with God until you feel you are finished, then spend a few moments resting in God's presence. (let people take their own time here and look up to indicate when they are done)

Invite volunteers to share their reflections and close with prayer.

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