



MEDIA
session page

Thanksgiving & Service

Psalm 116:1-4, 12-19 | Session 9.18

Before the Session

- Have the Bible Background Video ready to view.
- Review today's scripture text and the session activities to help better facilitate the discussion.
- Encourage your group to listen to the Faithelement podcast ahead of the next session (Share the link via email or social media).
- Find web links for underlined items on this session's webpage at faithelement.net.

Context

Play the [Vanilla milkshake video](#) and ask:

- At what points have you noticed that the whole world is misinformed and that you just cannot keep your mouth shut anymore?
- How do you typically handle that?
- What do you think of Jeanne's solution for the milkshakes?
- What did the fast food worker learn in her story?
- How can you understand life when you want vanilla and they only sell chocolate?
- How can you be the "older person" helping others through times of difficulty?
- How do you know when to speak up and when to be quiet in times of struggles?

Content

Read [Psalm 116:1-4, 12-19](#), then watch the Bible Background Video.

Ask questions like:

- How confident does the psalmist sound about God's love and on what does the psalmist base this?
- How traumatic do the events sound described in verse 3?
- How horrible do they sound if you were without modern medical practices as the writer would have been?
- What type of prayer does it sound like was prayed in a time of distress?
- How does the writer express thanksgiving back to God?
- What does the writer commit to continue doing for God?
- Why do you the writer repeats the point that he will fulfill the obligation to God and make offerings to God?

Closure

Play the [Guardian Angel movie clip](#) and ask:

- What type of prayers or vows have you made to God over the years and how have they worked out?
- What have you learned in life about your promises and thanksgiving to God?
- What have you learned about times of turmoil?
- Which person could you better relate to more in that movie clip and why?
- When you lose someone to death, how do you cope?
- What can you learn from the Psalm 116 to help you with that?
- In what ways can our own experiences with times of trouble help someone else?

Close in prayer.

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