



MEDIA
session page

Turn, Turn, Turn!

Ecclesiastes 3:1-13 | Session 9.01

Before the Session

Facilitator: In advance of the session

- Have the Bible Background Video ready to view.
- Review today's scripture text and the session activities to help better facilitate the discussion.
- Encourage your group to listen to the Faithelement podcast ahead of the next session (Share the link via email or social media).

Context

Play the Reduce my Body video and ask:

- Why do people make New Year's resolutions?
- What resolutions have you made this year that you can tell us about?
- Knowing that the most common resolutions revolve around losing weight and making healthy lifestyle choices, when is the best time to make a resolution that you might be able to keep?
- Since we are celebrating a new year, what do you think it is time for you to do with your life?

Content

Play the Symmetry video and ask:.

- What do you think of the wisdom of this video and why?

Ask questions like these:

- Since we call this type of Biblical book "wisdom literature," what do you think of its wisdom in this case?
- How well known are the words to this passage to you?
- When have you experienced a time of dissatisfaction with life and how did that change your perspective?
- How do you feel about the thought that nothing in life truly changes and why?
- How do you feel about the idea that only God makes things change?
- In what ways might someone find the words of the teacher to be depressed or inspiring (or neither)?

Closure

Play the Dear Younger Me music video and ask:

- If you could give any advice to your younger self, what would you say and why?
- What advice would you like to give your future self for the coming year?
- In what ways does your relationship with God define your hopes for the future or inform your past?
- What can you do to help other people remember and plan well for the things God has done, or will be doing for them?

Close in prayer

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