



MIND

session page

Let It All Out

1 Timothy 2:1-7 | Session 8.38

Before the Session

Facilitator: In advance of the session

- Review today's scripture text and the session activities to help better facilitate the discussion.
- Have the Bible Background Video ready to view.
- Encourage your group to listen to the Faithelement podcast ahead of the next session (Share the link via email or social media).

Context

Begin by asking questions like:

- How often, and under what circumstances, do you pray?
- If you had to make a list of the top five things for which you prayed, where you feel that you got a definite answer, what would you put on it?
- For what kinds of things would you *not* pray, and why?
- If someone was to come to you and say "You sure pray a lot. Why is that?" what would you say?
- What advice would you give a child if he or she asked you how to pray?

Content

Read [1 Timothy 2:1-7](#), then watch the Bible Background Video. Then ask questions like these

- Given his context, why do you think the writer is calling to pray for people in high positions, rather than to them?
- Why is it still important for us to pray for people in high positions?
- How does someone go about offering various types of prayers for “everyone?”
- What do you think the writer means by “a quiet and peaceable life in all godliness and dignity” and in what ways might that concept have changed over the centuries?
- The passage talks of God as “savior” and Jesus as “mediator.” How does that compare with your understanding of the New Testament from other books, and why do you think such language might be used here?
- In verse 7, the the writer interrupts the flow of words to reassure us that “I am telling the truth....” Why do you think that such an aside is necessary and in what ways do you think that such assertions affect the way people react to the message they are hearing?

Closure

Continue by asking:

- To what degree do you think prayer is important because it influences God versus influencing us?
- How often do you pray to change your own mind, or someone else’s, rather than God’s, and why?
- If you were to offer prayers of “petition, intercession, urgent and bold prayer, expressions of gratitude and thanksgiving” for various people in your community, for whom do you think you’d focus which type of prayer and why?
- At what points do you think it more important to offer either public or private prayer and why?
- If prayer truly changes things, for what and who do you think it most important to pray in the weeks and months ahead and why?
- When should someone stop praying for something?

Encourage volunteers to share their prayer requests, then close with prayer.