

Journal

Steadfast Love

PSALM 107

SESSION 7.25



Psalm 107 contains 4 images where God helps persons through difficult situations. Verses 4-9 tell the story of a group of wanderers who were lost in the desert and finally make it to the place they were going. Verses 10-16, tell the story of prisoners who are set free. Verses 17-22, tell of "sick" persons who are healed. And finally, in verses 23-32, we are told about a group of sailors who are saved from shipwreck.

Select one of the images, and re-read that part of the text again. Then follow these prompts to write this journal entry.

Remember a time when you faced a difficult situation, and found your way through it. Write about that experience, how it felt, and how you sought help or rescue. Looking back on the experience, where did you find God's presence?